

CELEBRATE

NATIONAL CHILD DAY

NOVEMBER 20

The United Nations adopted the United Nations Convention on the Rights of the Child (UNCRC) on November 20, 1989.

Canada adopted the UNCRC in 1991, making a commitment to ensure that all children are treated with dignity and respect.

Since 1993, Canada has celebrated National Child Day in order to commemorate and raise awareness of the UNCRC.

National Child Day provides an annual opportunity to celebrate children as active citizens in their own lives and communities, who can meaningfully contribute to decision-making.

Visit the Public Health Agency of Canada's National Child Day website (childday.gc.ca) to learn more about the UNCRC, and ways you can celebrate National Child Day!

The Convention includes a full list of rights for all children under the age of 18.

Some of the articles are highlighted below.

24

You have the right to the best **HEALTH** care possible, safe water to drink, nutritious food, a clean and safe environment, and information.



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You have the right to **CHOOSE YOUR OWN FRIENDS** and **JOIN OR SET UP** groups, as long as it isn't harmful to others.



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You have the right to practice your own **CULTURE, LANGUAGE** and **RELIGION**—or any you choose. Minority and indigenous groups need special protection of this right.

31

You have the right to **PLAY** and rest.



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EVERY CHILD from birth to 18 **HAS** these **RIGHTS**.

28

You have the right to a good quality **EDUCATION**. You should be encouraged to go to school to the highest level you can.



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You have the right to legal help and fair treatment in the **JUSTICE** system that respects your rights.



23

You have the right to **SPECIAL EDUCATION** and **CARE** if you have a **DISABILITY**, as well as all the rights in this Convention, so that you can live a full life.



12

You have the right to give your **OPINION**, and for adults to listen and take it seriously.



Public Health
Agency of Canada

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